



Rules and Regulations

I. Age Groups

- a. Mini (5-7)
- b. Petite (8-9)
- c. Junior (10-11)
- d. PreTeen (12-13)
- e. Teen (14-15)
- f. Senior Teen (16-19)
- g. Adult (20 & Over)

To determine age for duets/trios, groups, lines and production, add up the ages of all performers within the group then divide that number with the number of performers. Drop all decimal points.

Ages are determined January 1st-December 31st

II. Levels

a. Intermediate

- i. Contestants should enter this level if they study 3-4 hours or less per week with only 3 years or less of training. Please note placement is left to the discretion of the instructor, however, dancers may be moved into our competitive level if two or more of our judges feel it is necessary.

b. Competitive

- i. Contestants should enter this level if they study 5 or more hours per week and have 4 or more years of formal training.

Note: When mixing Intermediate dancers with Competitive dancers in Duo/Trio & all Groups, routines must be placed in Competitive Level! This will be strictly enforced.

III. Genres

- a. **Ballet:** A routine consisting of ballet technique and movements with use of ballet slippers.
- b. **Pointe:** Same as ballet but must be performed with Pointe shoes.
- c. **Tap:** A routine containing different rhythms and transitions with the use of tap shoes. Tap sounds are not permitted on music.
- d. **Jazz:** routine containing classical jazz dance style, jazz technique
- e. **Lyrical:** A routine containing balance, control and extension using the lyrics of the song to create a mood or story.

- f. **Contemporary:** a routine with innovative movements and body lines with abstract isolations.
- g. **Modern:** A routine based on interpretation of anything that can be imagined. This routine should also be of an abstract nature.
- h. **Musical Theatre:** A routine featuring any style of dance with a song from a Broadway musical or movie.
- i. **Character:** A routine portraying a recognizable character throughout. Example, a clown, doll, animal etc. Any style of dance is permitted
- j. **Acro-Dance:** A routine consisting of any dance style with acrobatics. 50% dance and 50% acro. (tumbling mats are permitted but not required) Throw Down does not supply tumbling mats
- k. **Lip Sync:** An impersonation using costuming and mimicking the voice on tape. Performer must lip sync all words. Any style of dance can be used. Facial expressions and dramatic impact will be of importance. Should contain 25% dance.
- l. **Open:** Any style routine can be entered in this category. When in doubt, put it here. Example, baton, cheer ethnic etc.
- m. **Hip Hop:** the latest in today's dance moves. Routine should contain various body isolations.
- n. **Production:** A routine consisting of any style or styles of dance with a minimum of 17 performers. Various props and costume changes are permitted in this category.

No more than 3 basic acro tricks (cartwheels, rolls, roundoffs, etc.) are permitted in all dance categories with the exception of acro dance, acro and open categories.

IV. Time Limit/Number of Performers

- a. Solo
 - i. 1 Performer
 - ii. 2:45 Minutes
- b. Duo/Trio
 - i. 2 or 3 Performers
 - ii. 2:45 Minutes
- c. Small Group
 - i. 4-9 Performers
 - ii. 3:30 Minutes
- d. Large Group
 - i. 10-15 Performers
 - ii. 4 Minutes
- e. Line/Production
 - i. 16+ Performers ii. 7 Minutes

Extended times are available to large groups, lines and productions at an additional \$100 per routine.

V. Music

- a. Studio directors are responsible to upload all music during the registration process. Flash drives iPods/iPhones must be brought for backup.

- b. We ask that all studio directors pick up music at the completion of the competition. Throw Down Dance Challenge is not responsible for music not picked up after the event.

VI. Judging

- a. Technique – 40 points
- b. Execution/Showmanship – 40 points
- c. Choreography/Costume – 20 points

VII. Adjudication Scoring Grid

- a. Competitive Level
 - i. Platinum Plus: 295-300
 - ii. Platinum: 284-294.9
 - iii. High Gold: 270-283.9
 - iv. Gold: 269.9 & Below
- b. Intermediate Level
 - i. Platinum: 285-300
 - ii. High Gold: 270-284.9
 - iii. Gold: 269.9 & Below

VIII. Etiquette

Throw Down asks at all times that we be respectful towards each other as performers. Please only enter the auditorium in between dances and keep talking to a minimum. Support all of our performers with your applause.

IX. Video and Photography: STRICTLY PROHIBITED

For the protection of our dancers and their choreography, videotaping is strictly prohibited inside the theatre at all times. Routines will be disqualified if video recorders, phones, or any other electronic device is found being used inside the performance area. Studios may take photos of their studio only at award ceremonies. Sit back and relax as all will be receiving the free media package.

X. Additional Rules

- a. Competitors may only compete with one studio.
- b. Competitors may not compete against themselves in solo and duo/trio divisions.
 - i. Example: The same competitor may not compete in jazz category twice and in the same age division.
- c. Any soloist doing more than 2 solos may only qualify twice in High Score. The top two solos are taken and others will be dropped.
- d. All competitors will be judged by a panel of well qualified judges. **All judges decisions are final.**
- e. Competitors, teachers, studio owners, and studio stagehands are the only persons allowed in the backstage area of all our venues. Throw Down will remove all others from backstage area.

- f. All performers should be prepared to perform one hour prior to their scheduled entry time. Throw Down does not like to skip entry numbers as this slows down the competition.
- g. If you have extra-large props that require attention from our staff please let us know prior to the competition. Throw Down Dance Challenge is not held responsible for any props left unattended at any of our events.
- h. Smoking is prohibited in and around the competition area.
- i. Eating and drinking are not permitted in any of our performance areas.
- j. All spectators are required to comply with the same rules and regulations set forth by our hosting venue.
- k. Throw Down will not issue cash refunds under any circumstances. We will credit studio for an injured competitor with a legitimate doctor's note.
- l. Throw Down Dance Challenge reserves the right to cancel any and all events due to lack of registration, inclement weather, or other unforeseen circumstances.
- m. Throw Down Dance Challenge reserves the right to change a location and date. All studios will be notified.
- n. Throw Down Dance Challenge is not responsible for any injury or property loss during any of our events

Studio Directors ONLY, Please contact our office if you have any questions regarding our rules & regulations.